

Expedition Eats





Calzone Pizza

Shop | Pack | Prep | Eat

- Lebanese or pita bread
- Long-life Cheese Sticks or Block
- Pizza Sauce Sachet
- Piece of foil enough to wrap around the bread
- Toppings whatever tickles your tastebuds eg;
 - o salami sticks
 - o tuna
 - o tomato
 - o capsicum (small)
 - o onion (small)
 - o sachet of olives
 - o herbs- fresh or dried
- Top Tip! take a small pack of rice crackers and eat with any extra cheese, vegies, etc as an entrée!











Pack

Shop

- Remove any extra packaging to reduce weight and rubbish
- Arrange all the items on a bandana and tie up.
- Top Tip! use the bread bag as a rubbish bag afterwards













- Lay out your items on your make-shift bandana tablecloth!
- Chop any veggies/ cheese, etc, as required
- Top Tip! use the plastic your bread was in as a chopping board
- Spread the pizza sauce on the bread & arrange the toppings (don't overload)
- Fold in half
- Wrap in foil and place in the trangia pan (can also be cooked over the fire)
- Heat until hot & melty, turning over a few times (check the base doesn't burn)

Prep

Yum! - Tasty and filling.