1. Use this template as a guide to help you compile a written report.

**GOLD QUALIFYING ADVENTUROUS JOURNEY (AJ)   
REPORT TEMPLATE**

1. The instructions/suggestions can be deleted as you go.
2. Save your completed Report as a PDF, then upload it to your Online Record Book (ORB) with the following naming convention: Billy\_Bloggs\_Qualifying\_AJ\_Report.

|  |  |
| --- | --- |
| **Your Name:** |  |
| **Your Award Centre:** |  |

*Insert a photo or a Google map showing the location*

|  |  |  |
| --- | --- | --- |
| **Journey Name** | ***Example:*** *Group 2 Great North Walk Coastal Track, Royal National Park, March 2017* | |
| **Journey Type** | ***Example****: expedition, exploration* | |
| **Mode(s) of Travel** | ***Example****: bushwalking, canoeing* | |
| **Dates** | **Start / /** | **Finish / /** |
| **Location Details** |  | |
| **Journey Goal / Purpose** | ***Example****: the purpose of this journey is to investigate, and study aboriginal rock art found in Ku-Ring-Gai National Park* | |
| **Supervising Organisation** | ***Example****: the name of the school, community group or expedition company who supervised your journey* | |
| **Assessor** | ***Example****: the name of the person at your school, community group or expedition company who will be providing the final signoff to your AJ and this AJ Report* | |

**Journey Group Members**

|  |  |  |  |
| --- | --- | --- | --- |
| **Supervisor name(s)** | *Supervisor(s)* | | |
| **Group member name(s)** | *group member 1* | *group member 2* | *group member 3* |
| *group member 4* | *group member 5* | *group member 6* | *group member 7* |

*insert photo of group here*

**(L-R)** *group member names*

**Pre-Journey Information**

**Suggested inclusions:**

* A general description of the National Park/Forest & its location
* Outline the skills you acquired during your Preparation and Training and your Practice Journey
* Outline the physical fitness preparation for the Qualifying Journey
* Weather / environmental / timing notes prior to departure (see table below)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Expected weather conditions** | **Expected terrain/environmental conditions** | **Distance (km)** | **Expected time (hrs/mins\*)** |
| **Day 1** |  |  |  |  |
| **Day 2** |  |  |  |  |
| **Day 3** |  |  |  |  |
| **Day 4** |  |  |  |  |

\*An average of at least **8 hours of *purposeful effort*** per day is required for Gold. ***Purposeful effort***means time spent towards accomplishing the purpose of the journey. Time associated with sleeping, cooking and eating is in addition to this time.

**Map/Route Plan**

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| --- |
| ***Insert images/photos showing:***   * *Map Name* * *Route (including start and finish points) and route summary (eg total distances/times)* * *Meal stops, check/rendezvous/meeting points, water sites and campsites* * *The groups progress during the journey* * *Environmental features and points of interest* |

*If possible also include your Route Plan/Navigation Data Table. The Plan/Table assists in navigating, and in recording points of interest and environmental features or track junctions by using grid references. The Plan/Table should be completed for each day/stage of the journey.*

*An example Plan/Table is set out as below. You could also insert an image/photo of the Plan/Table you may have used for your Journey.*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Total distance**: (km) |  | **Total time:** (hr/min) |  | **Avg. hours per day:** (> 7 hrs) |  |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Day/Stage | Grid Refs  - - - - - - to  - - - - - - | Grid Bearing  (deg) | Magnetic Bearing  (deg) | Distance (km/m) | Height  ( +/ - m) | Est. time of departure | Est. time of arrival | Actual time taken | Remarks (features/terrain etc…) |
| 1/1 | 123456 - 123456 | 90 | 78 | 3.8 | +55m | 8:45am | 9:45am | 1h 10m | Yabby Creek crossing |
|  |  |  |  |  |  |  |  |  |  |
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**Equipment List**

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| --- | --- |
| **Full equipment list:**   * Item 1 * Item 2 * Etc. | **Equipment review:**  ***Example****: comments on equipment taken which was essential, useful, inappropriate or unnecessary, and equipment not taken but which would have been helpful* |

**Clothing List**

|  |  |
| --- | --- |
| **Full clothing list:**   * Item 1 * Item 2 * Etc. | **Clothing review:**  ***Example****: too much / too little, essential, useful, inappropriate or unnecessary, clothing performance issues (eg waterproofs, shoes, thermals etc…). What other clothing would have been desirable?* |

**Food List/Menu Plan**

|  |  |
| --- | --- |
| **Full food list:** *(****Example****: daily rations, include emergency food)*  **Cooking equipment/utensils list:** *(****Example****: daily rations, include emergency food)* | **Food review:**  ***Example****: comments on adequacy of rations, ease of preparation, waste/rubbish produced. Was emergency food required? What tasted good and what didn’t you feel like eating, why?*  *Was your water supply adequate? Were there any water supply issues?* |

*If possible also include a Menu Plan. Such a Menu Plan could be set out as below, or you can insert an image/photo of the Plan you may have used for your Journey.*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Meal** | **Day 1** | **Day 2** | **Day 3** | **Day 4** |
| **Breakfast** |  |  |  |  |
| **Lunch** |  |  |  |  |
| **Dinner** |  |  |  |  |
| **Snacks** |  |  |  |  |
| **Emergency Food** |  | | | |
| **Other** |  |  |  |  |

**Description of Journey**

***Note – a minimum ½ page description is expected for each day***

**Day 1**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Suggested inclusions:***   * *Observations such as geography, weather, flora, fauna, etc…* * *Information – historical, geographical, scenic, etc…* * *Your highlights for the day* * *Items noted on the trip but not included on the map (new tracks etc…)* * *Any problems encountered/overcome* * *Adequacy of campsites, water supply, etc…* * *Photos / sketches etc…* | | | | |
| **Expected time** (hr/min) |  | **Actual time taken** (hr/min) |  | ***Timing notes*** *eg longer than anticipated due to…* |

**Day 2**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Suggested inclusions:***   * *Observations such as geography, weather, flora, fauna, etc…* * *Information – historical, geographical, scenic, etc…* * *Your highlights for the day* * *Items noted on the trip but not included on the map (new tracks etc…)* * *Any problems encountered/overcome* * *Adequacy of campsites, water supply, etc…* * *Photos / sketches etc…* | | | | |
| **Expected time** (hr/min) |  | **Actual time taken** (hr/min) |  | ***Timing notes*** *eg longer than anticipated due to…* |

**Description of Journey (continued)**

***Note – a minimum ½ page description is expected for each day***

**Day 3**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Suggested inclusions:***   * *Observations such as geography, weather, flora, fauna, etc…* * *Information – historical, geographical, scenic, etc…* * *Your highlights for the day* * *Items noted on the trip but not included on the map (new tracks etc…)* * *Any problems encountered/overcome* * *Adequacy of campsites, water supply, etc…* * *Photos / sketches etc…* | | | | |
| **Expected time** (hr/min) |  | **Actual time taken** (hr/min) |  | ***Timing notes*** *eg longer than anticipated due to…* |

**Day 4**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Suggested inclusions:***   * *Observations such as geography, weather, flora, fauna, etc…* * *Information – historical, geographical, scenic, etc…* * *Your highlights for the day* * *Items noted on the trip but not included on the map (new tracks etc…)* * *Any problems encountered/overcome* * *Adequacy of campsites, water supply, etc…* * *Photos / sketches etc…* | | | | |
| **Expected time** (hr/min) |  | **Actual time taken** (hr/min) |  | ***Timing notes*** *eg longer than anticipated due to…* |

**Supporting Evidence**

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| --- |
| ***Evidence may include:*** *(scans/photos are acceptable)*   * *Leaflets* * *Clippings* * *Entry permits* * *Sketches* * *Photos* * *Etc…* |

**Thoughts/Reflections**

|  |
| --- |
| ***A Gold Qualifying Journey is a memorable experience and a major achievement. Please record some of your thoughts and reflections of the trip below.***  ***Some questions to help you:***   * *Feelings about the trip – such as what you and the group learnt about yourselves and what* *were the highs and lows of the trip? What didn’t you like or enjoy?* * *What were the most memorable events/things you encountered on your journey?* * *How did your group work together? What were the benefits and problems?* * *What did you learn?* * *What were your proudest achievements during the journey?* * *What was most challenging about this journey?* * *What would you do differently next time?* * *What advice would you give to someone before they went on a similar journey?* * *Any other matter relating to the trip and its organisation?* |

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